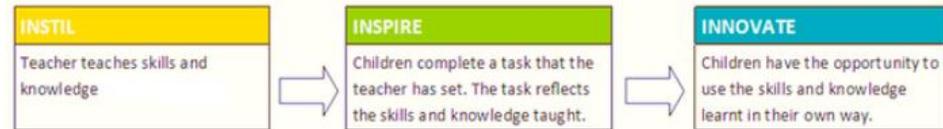




Growing together towards
'life in all its fullness'
John 10:10



"Believe & Achieve"

Intellectual habits which allow us to achieve internal excellence.

Moral habits that help us to learn and grow.

'Spirit of Service' (civic habits) allow us to add value.

Performance habits that help us to achieve highly.



"Believe & Achieve"



Identity

Organisation



Self-control



Interaction



Co-operation

Contribution



Curiosity



Commitment



Resilience



Self Awareness

Discipline



Evaluation



 <p>I can describe my personality traits.</p> <table border="1" data-bbox="226 564 640 608"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can ask questions to find out new facts.</p> <table border="1" data-bbox="663 564 1077 608"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can take turns to share and talk with some help.</p> <table border="1" data-bbox="1099 564 1514 608"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can describe and celebrate the things I do well.</p> <table border="1" data-bbox="1536 564 1951 608"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
 <p>I can organise myself at the start and end of the day.</p> <table border="1" data-bbox="226 916 640 959"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can focus on a task until finished when I am interested.</p> <table border="1" data-bbox="663 916 1077 959"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can use someone else's idea.</p> <table border="1" data-bbox="1099 916 1514 959"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can work hard to get a reward.</p> <table border="1" data-bbox="1536 916 1951 959"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
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Aut	Spr	Su													
 <p>I can be calm if something different happens.</p> <table border="1" data-bbox="226 1251 640 1294"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can have a go and not be scared to try something new.</p> <table border="1" data-bbox="663 1251 1077 1294"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can give my opinions and ideas in groups and to the class.</p> <table border="1" data-bbox="1099 1251 1514 1294"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can tell you what I have got right and what I can do better.</p> <table border="1" data-bbox="1536 1251 1951 1294"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													

 <p>I can make positive comments about myself to show what I am proud of.</p> <table border="1" data-bbox="215 603 631 646"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can ask an adult questions to find out important information.</p> <table border="1" data-bbox="663 603 1079 646"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can think about what other people want when I decide to do something.</p> <table border="1" data-bbox="1111 603 1527 646"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can tell you the target I have been given to work towards.</p> <table border="1" data-bbox="1559 603 1975 646"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
 <p>I can organise myself throughout the school day.</p> <table border="1" data-bbox="215 963 631 1007"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can focus on a task and not be distracted by things and people around me.</p> <table border="1" data-bbox="663 963 1079 1007"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can use compromise with my class mates and know I cannot always choose what I want.</p> <table border="1" data-bbox="1111 963 1527 1007"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can work hard because I enjoy finishing a task.</p> <table border="1" data-bbox="1559 963 1975 1007"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
 <p>I can calm myself down if something upsets me and I will move on quickly from it.</p> <table border="1" data-bbox="215 1337 631 1380"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can control myself when something goes wrong.</p> <table border="1" data-bbox="663 1337 1079 1380"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can give helpful ideas in class, assemblies and people I don't know well.</p> <table border="1" data-bbox="1111 1337 1527 1380"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su	 <p>I can remember what I have got wrong and try to put it right next time.</p> <table border="1" data-bbox="1559 1337 1975 1380"> <tr> <td>Aut</td> <td>Spr</td> <td>Su</td> </tr> </table>	Aut	Spr	Su
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													
Aut	Spr	Su													



I can talk about why people want to be my friend and what I bring to a relationship.

Aut	Spr	Su
-----	-----	----



I can use some sources of information independently to find specific answers.

Aut	Spr	Su
-----	-----	----



I can make other people feel good by saying positive things about their strengths & achievements.

Aut	Spr	Su
-----	-----	----



I can tell you the target I have been given and the steps I will take to achieve it.

Aut	Spr	Su
-----	-----	----



I can solve simple organisational problems without adult help.

Aut	Spr	Su
-----	-----	----



I can switch attention from one task to another and back again.

Aut	Spr	Su
-----	-----	----



I can work co-operatively, outside my friendship group, with the direction of an adult.

Aut	Spr	Su
-----	-----	----



I can work hard to finish a task without being tempted by distraction or distracting others.

Aut	Spr	Su
-----	-----	----



I can think before I act because I consider the consequences of my choices.

Aut	Spr	Su
-----	-----	----



I can still be enthusiastic even when I make mistakes.

Aut	Spr	Su
-----	-----	----



I can show that I am taking an active part in discussions by building on what has been said before

Aut	Spr	Su
-----	-----	----



I can look at my own work and say what could be better about it.

Aut	Spr	Su
-----	-----	----



I can understand that I might act differently in different situations but this may not be who I am.

Aut	Spr	Su
-----	-----	----



I can use many sources of information independently to answer my own questions.

Aut	Spr	Su
-----	-----	----



I can offer suggestions to others to help them get better in a way that does not upset them.

Aut	Spr	Su
-----	-----	----



I can tell you what problems I might come across when I am given a target.

Aut	Spr	Su
-----	-----	----



I can organise myself in different situations and help others to do the same.

Aut	Spr	Su
-----	-----	----



I can focus on the key points and filter information, seeking out the most important points.

Aut	Spr	Su
-----	-----	----



I can work co-operatively with a wide variety of my class mates.

Aut	Spr	Su
-----	-----	----



I can work predict what might distract me and avoid this to help me achieve my goal.

Aut	Spr	Su
-----	-----	----



I can manage opposite feelings that might confuse me.

Aut	Spr	Su
-----	-----	----



I can adapt my approach, using what I have learnt with some help.

Aut	Spr	Su
-----	-----	----



I can express my views confidently & will try another way to get my point across if not understood at first.

Aut	Spr	Su
-----	-----	----



I can give my class mates feedback to tell them how to improve.

Aut	Spr	Su
-----	-----	----



I can reflect on my strengths & areas for developments in many parts of my life (school, friendships, hobbies...)

Aut	Spr	Su
-----	-----	----



I can question the reliability and accuracy of a source of information.

Aut	Spr	Su
-----	-----	----



I can show empathy towards others who may be upset by doing or saying something to help them.

Aut	Spr	Su
-----	-----	----



I can set my own realistic performance goals.

Aut	Spr	Su
-----	-----	----



I can be involved in or lead the organisation of activities for others.

Aut	Spr	Su
-----	-----	----



I can repeat a task where I have initially made a mistake, with more effort.

Aut	Spr	Su
-----	-----	----



I can choose people to work with by matching their qualities to the task.

Aut	Spr	Su
-----	-----	----



I can be patient and keep going even if it takes a long time to achieve my goal.

Aut	Spr	Su
-----	-----	----



I can deal with difficult emotions and describe the strategies I use.

Aut	Spr	Su
-----	-----	----



I can use a setback as a future motivation & I challenge myself to change my approach.

Aut	Spr	Su
-----	-----	----



I can fulfil a given role to help a wider group of people.

Aut	Spr	Su
-----	-----	----



I can independently pair and share with my class mates & improve by doing this.

Aut	Spr	Su
-----	-----	----



I can increasingly manage peer pressure and can form my own views, leading my own path.

Aut	Spr	Su
-----	-----	----



I can recognise how the motives of others can influence their thoughts & actions.

Aut	Spr	Su
-----	-----	----



I can adjust how I act or what I say because of the way someone responds verbally or non-verbally.

Aut	Spr	Su
-----	-----	----



I can prioritise the most important thing to do to achieve the goal I have set myself.

Aut	Spr	Su
-----	-----	----



I can inform adults of the solution – rather than the problem.

Aut	Spr	Su
-----	-----	----



I can repeat a task multiple times & continue with my best efforts in order to master it.

Aut	Spr	Su
-----	-----	----



I can negotiate and compromise to reach a solution: being assertive but not bossy.

Aut	Spr	Su
-----	-----	----



I can check that I am on track to achieve my goal, keeping the final goal in mind.

Aut	Spr	Su
-----	-----	----



I can recognise what I can and cannot change & focus my efforts on the things I can improve.

Aut	Spr	Su
-----	-----	----



I can use strategies for overcoming stress.

Aut	Spr	Su
-----	-----	----



I can be pro-active and take pride in contributions beyond those that immediately affect myself.

Aut	Spr	Su
-----	-----	----



I can independently change my approach during a task because I keep checking how I am doing.

Aut	Spr	Su
-----	-----	----